

## **A simple blood test can help manage ADHD, middle ear infections and other childhood disorders.**

(c) Immuno Laboratories, Inc.

### **THE MESSAGE IS LOUD AND CLEAR -**

**As many as four out of five children suffering from ADHD, Middle Ear Infections and other Childhood Disorders may be significantly helped by simply following the recommendations of the Immuno Bloodprint™ Test Results!**

*Food allergy testing and elimination diets have made the happy family life a reality. Many children on medications have been able to stop them when they are following their diet.” – Dr. Tammy Born, Born Clinic, MI*

*Food sensitivity is near the top of the list of considerations a clinician should bear in mind when trying to sort out the problems of a child with attention deficit. The only laboratory test that has proven reliable both clinically and in research studies is the IgG ELISA as performed by Immuno Laboratories.” - Dr. Sidney Baker, Author, Detoxification & Healing*

*“Some children with autism have intolerances to many foods and/or chemicals, which exacerbates their autistic behavior.” – Brenda O’Reilly, Allergy-Induced Autism Support & Research Network*



---

**ADD - Between 3 to 5 percent of children in the U.S. are diagnosed with Attention Deficit Disorder (ADD). Indicators include impulsive behavior, reduced ability to concentrate, and difficulty in organizing. Recent medical studies on rats suggest a popular ADHD drug may have long-term effects on developing brains of children.<sup>1</sup>**

---

### **QUESTIONS AND ANSWERS**

**Q. What do the following conditions have in common?**

- ADD & ADHD
- Asthma
- Autism
- Depression
- Fatigue
- Headaches
- Hyperactivity
- Indigestion
- Middle Ear Infections...
- Seizures
- Sinus problems

**A. They are linked to immunological responses including IgE & IgG Food Allergies & Yeast Overgrowth.**

---

### **Immediate (IgE) Allergies**

IgE-mediated food allergies are immediate, strong reactions to foods and other substances.

A study conducted by Dr. T.M. Nsouli in 1994 concerning Serous Otitis Media (Middle Ear Infection) and IgE allergies followed the reactions of 104 children. The study found 78% of the children had food allergies. Of these, 86% experienced relief of their serous otitis media after eliminating their reactive foods.

---

### **Delayed (IgG) Allergies**

IgG-mediated food allergies are delayed immune reactions to foods which can occur anywhere from a few hours to a few days after exposure to the reactive foods.

Another major study documented the link between Food Allergies and ADHD. The study, authored by Dr. Borris and Dr. Mandel of the Cornell Medical Center in NY, analyzed a group of 26 hyperactive children. Dairy products, wheat, corn, yeast, soy, beans, citrus, eggs, chocolate, peanuts and all artificial colors and preservatives were eliminated from the childrens' diets. These foods are among the most common food allergens. After elimination, 19 of the 26 children (or 73%) improved significantly!

---

### **The Yeast Connection**

Under certain conditions, the yeast, *Candida albicans*, can increase and upset the balance of your beneficial bacteria, resulting in an undesirable yeast overgrowth.

Dr. William Crook, author of *The Yeast Connection and Help For The Hyperactive Child*, reports a connection between antibiotic therapy/yeast overgrowth and the subsequent improved symptoms after anti-yeast therapy.

---

### **The Gluten/Gliadin Connection**

Many physicians and families report that individuals who are on specialized diets free of Gliadin, a sub-protein found in Gluten grains (Wheat, Barley, Oats and Rye), show significant improvement.

---



#### **Other Steps You Can Take**

There has been substantial research showing that your child should avoid ALL artificial colors and flavors. It is important that you read the labels of everything he eats. Avoid any food referred to as having "U.S. Certified Color," "Color Added," "Flavoring," "Artificial Flavoring" or "Vanillin."

Even if your child doesn't test positive to foods containing natural salicylates, research advises that your child should avoid them for at least two weeks. Sources of salicylates include aspirin and such foods as apples, coffee, grapes, oranges, peaches and tea.

#### **How We Help You**

Immuno Laboratories tests your child's blood for antibodies to foods and other allergens. Identifying and eliminating these allergens from your child's diet and environment can offer permanent relief from the symptoms associated with ADHD, Middle Ear Infections and other childhood disorders.

Sources:

1. Rueters, December 8, 2003.